

Fourteenth Sunday in Ordinary Time

5th July 2020



OPENING HYMN

All ye who seek a comfort sure in trouble and distress,
Whatever sorrow vex the mind, or guilt the soul oppress,

Jesus, who gave Himself for you upon the cross to die,
Opens to you His Sacred Heart; O to that heart draw nigh.

Ye hear how kindly He invites; Ye hear His words so blest;
"All ye that labour come to me, and I will give you rest."

FIRST READING: Zechariah 9:9-10

See now, your King comes humbly to you.

PSALM RESPONSE: I will bless Your name for ever, O God my King.

SECOND READING: Romans 8:9, 11-13

If by the Spirit you put an end to the misdeeds of the body, you will live.

GOSPEL ACCLAMATION

Alleluia, alleluia! Blessed are You, Father, Lord of heaven and earth,
for revealing the mysteries of the kingdom to mere children. Alleluia!

GOSPEL: Matthew 11:25-30

I am gentle and humble of heart.

NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *(as we say the words in italics, we bow)* and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake He was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

OFFERTORY

Redeemer of our fallen state,
Thou, Jesus, joy of every heart,
Who didst Thy ransomed world create,
Pure light to faithful souls Thou art.

What clemency Thy heart o'er came,
That Thou wouldst bear our load of sin?
And, sinless, die a death of shame,
From death and hell our souls to win?

Thou dost the gates of hell withstand,
Its captives from their fetters free,
As victor sit at God's right hand,
And reign with Him triumphantly.

Compelled by pity, let Thy grace
Our losses and our ills repair;
And may the vision of Thy face
With us its blessed radiance share.

ACT OF SPIRITUAL COMMUNION

As the congregation are unable to receive Holy Communion at this time, we are invited to pray a prayer of Spiritual Communion:

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

HOLY COMMUNION

Come all ye holy, take the Body of your Lord,
Drink of His chalice, take the Blood for you outpoured.
Christi caro cibus est.

Saved by His Body, by His sacred Blood, we raise
Grateful our voices unto God in hymns of praise.

Christ our salvation, He who is the Son of God,
Purchased our ransom by His Cross and Precious Blood.

RECESSIONAL HYMN

Jesus, Thou joy of saints on high,
Thou hope of sinners here,
Attracted by those loving words
To Thee I lift my prayer.

Wash Thou my wounds in that dear blood
Which forth from Thee doth flow;
New grace, new hope inspire, a new
And better heart bestow.

Hymns reproduced under Calamus license 2458.