

Prayers for when we cannot go to Mass



Prayer to my Guardian Angel *(to be said before Mass)*

O HOLY ANGEL at my side, go to Church for me,
Kneel in my place, at Holy Mass, where I desire to be.

At **Offertory**, in my stead, take all I am and own,
And place it as a sacrifice upon the Altar Throne.

At **Holy Consecration's bell**, adore with Seraph's love,
My Jesus hidden in the Host, come down from Heaven above.

Then pray for those I dearly love, and those who cause me grief,
That Jesus' Blood may cleanse all hearts, and suffering souls relieve.

And when the **priest Communion** takes, oh, bring my Lord to me,
That His sweet Heart may rest on mine, and I His temple be.

Pray that this **Sacrifice Divine**, may mankind's sins efface;
Then bring me Jesus' blessing home, the pledge of every grace. *Amen*

Another version of this prayer

Dear Guardian Angel, go for me to the church, there kneel down at Mass for me.
At the Offertory, take me to God, and offer Him my service: What I am, what I have, offer
as my gift.

At the Consecration, with your seraphic strength, adore my Saviour truly present, praying
for those who have loved me, for those who have offended me, and for those now
deceased, that the blood of Jesus may purify them all.

During Holy Communion, bring to me the Body and Blood of Jesus uniting Him with me in
spirit, so that my heart may become His dwelling place. Plead with Him, that through His
sacrifice all people throughout the world may be saved.

When the Mass ends, bring home to me and to every home, the Lord's blessing. Amen.

An Act of Spiritual Communion *(prayed at Holy Communion time)*

My Jesus, I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally, come at least spiritually into my
heart. I embrace You as if You were already there and unite myself wholly to You. Never
permit me to be separated from You. Amen.